

TOP TIPS TO BECOMING A GREAT MENTEE!

- 1. Learn what you can about your mentor beforehand read through their bio and information.
- 2. Remember mentoring is a process, so look through your list of activities or steps to ensure you have an overview of how your time with your mentor will be organized.
- 3. Be punctual always turn up a few minutes early to a meeting whether virtual or in person.
- 4. Try and uncover some common interests with your mentor such as sports, places you've travelled, movies or music you like.
- 5. Be open and share. Talk about your successes and failures.

- 6. Listen patiently! It's hard in the fast paced world we live in to listen carefully, but make a concerted effort.
- 7. Be open to learning new things from your mentor and remember learning is a two way street!
- 8. At the end of a meeting, summarize your discussion and confirm the next meeting or step.
- 9. Don't forget to take notes in your Journal. If it's not written down how will you be able to remember what you have learned?
- 10. Enjoy being mentored! You will get out of if what you put in.

